

Our Saturday morning sewing group, ***Fabric in Motion***, isn't just about people getting together to create beautiful things for ourselves and our families and friends; we also make things for charitable organizations. In our Annual Report you heard about our support for Victoria Quilts (for adult cancer patients), Child Can (for child cancer patients), Quilts of Valour (for veterans), DDC (quilts for people in medical need in the Niagara region).



This week we made and sent **8 quilts** and **34 pillow cases** to the **Onyota'a:ka Family Healing Lodge** of Oneida Nation of the Thames (2212 Elm Ave., Southwold ON N1L 2G0 (519) 652-0657)



Here is a sample of our work:



Onyota'a:ka Family Healing Lodge offers emergency shelter for up to six weeks. During residency, staff provide safety, crisis intervention, support and referrals for abused individuals and families on a 24/7/365 basis. Advocacy in the areas of housing, legal issues, financial needs and medical assistance is also offered and there is a 24-hour crisis line for individuals in need of assistance and counselling. All of this is aimed toward inspiring hope and empowering families to create a new life without violence through knowledge and a nurturing environment.



The Oneida people are known within the Iroquois Confederacy as "Onyota'a:ka: People of the Standing Stone" and have a deeply rooted connection to the land and to their Iroquois culture and traditions.



You can learn more about these Indigenous neighbours here: <https://oneida.on.ca/>